



ESHWAR SUNDARESAN

Multi-Specialist
Trainer/Counselor/Writer

PROFILE/USPs

A multi-specialist in the era of super-specialists. A thought-leader with many skillsets up his sleeve. Has practised multiple parallel vocations with flair and finesse. A few USPs:

- **Creative solutioning** - Role plays, storytelling, emoting, case studies, scientific literature, sociocultural references etc.
- **Innovative** modules - offers workshops on standard as well as offbeat but relevant topics.
- **Empathetic facilitating** - each session infused with openness and vibrancy.
- **Mentoring** to augment training programs.
- **Diverse exposures** - in business domains and audiences; in-depth conversations held with some of India's top business leaders.
- **Scientific rigour** during research and structuring.
- **Scalability** -1:1 interaction to packed auditoriums.

CONTACT

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[Complete LinkedIn profile](#)

FAST FACTS

Trainer

- 4000+ hours of workshop time, 4000+ unique participants.
- 100+ modules (researched, customizable content).
- Special awareness modules on Child Sexual Abuse designed and implemented as a service to society.

Writer/Ghostwriter/Journalist

- 5 published books. 150+ journalistic articles.
- 8 ghost-written books for clients in India and overseas.
- 600+ standalone write-ups for corporates,

Counsellor

- 600+ clients (ages 11-72), 4400+ session hours.
- Customized, versatile approach using many therapeutic frameworks like Rogerian, CBT, Bibliotherapy, SFBT.

Leader

- Project Manager at **Infosys Technologies**.
- Multiple zero-defect deliveries for Fortune-500 clients.
- Led the Indian IT industry's first P1-ready offshore production support team (2000). Led a blue-collar workforce in Reliance Industries Ltd immediately after graduating (1996).

ACCOLADES

- Praise for training programs (curated out of 1000+ testimonials):
 - He brought true togetherness to our mid-level managers".
 - He created ease, efficiency and enthusiasm for our appraisal process".
- Novel *Behind the silicon mask* listed by *India Today* as a top 5 Indian thriller (2012).
- A top-rated faculty at the Banjara Academy (2012-17).
- Asia Journalism Fellow, 2009, conducted at NTU, Singapore and funded by the Temasek Foundation.
- Award-winning works of fiction (Unisun-Reliance Timeout short story contest, 2009 and *Oxford Bookstore e-Author* contest. 2008).
- One of the youngest Project Managers at Infosys in 2002.
- Bestselling ghostwriter in multiple genres.

CLIENTELE

- **Corporate:** Jindal Steel, KPMG, Novo Nordisk, Accenture, Infosys, HSBC, C-DOT, Unplugged, Channel Bridge, Euromonitor, Centum Electronics, Zacco, Bajaj Finance Ltd.
- **Government:** Indian Army, Indian Air Force, Income Tax department, BBMP.
- **Educational Institutes:** St Joseph's, Christ University, New Horizon College of Engineering, SSIT Tumkur, Chitrakoota School, Banjara Academy, Blue Nile, CMR Institute of Media Studies, Darwin, Mental Health Academy of India.
- **Journalistic:** Frontline, Anand Bazaar Patrika, Mangalore Today, New Indian Express, Bangalore Mirror, Dawn (Pakistan), The Independent (Singapore). Ghostwritten articles in Mint, Economic Times, Forbes India, Fortune India, Business Standard, Millionaire Asia.